

Primary Autumn Winter 2020 Menu

Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	Cheese and Tomato Pizza ** with Dough Balls (V) Cheesy Tomato Topped Pizza Slice	Chicken Burger with Potato Wedges Roast chicken served in a soft bun with lettuce and mayo	Roast Chicken with Roast Potatoes and Gravy Succulent roast chicken with fluffy roasties and tasty gravy	Pasta Bolognese ** A classic Italian beef Bolognese in a yummy tomato sauce	Golden Fish Fingers and Chips Crispy Fish Fingers and scrummy chips
Alternative Dish	Burrito (V) A soft wrap filled with lightly spiced veggies and rice	Baked Macaroni (V) Traditional Mac N Cheese, delicious macaroni in a creamy cheese sauce	Sweet Potato and Chickpea Roast with Roast Potatoes and Gravy (V) A chunky sweet potato and chickpea roast	Veggie Hotdog with Potato Wedges (V) Our favourite veggie hotdog served with ketchup in a soft sub roll	Quorn Nuggets and Chips (V) Crispy Quorn nuggets with their fave sauce – ketchup
Third Choice		Jacket Potato with Salmon Mayonnaise ***			
Packed Lunch	Ham or Cheese Sandwich with Veg Sticks And Fresh Fruit salad or Dessert of the Day				
Jacket Potato	Jacket Potato With A Choice Of Fillings Cheese, Baked Beans or even both				
Pasta	Tomato Pasta ** (V) A delicious fresh, homemade tomato sauce with penne pasta				
Vegetables	Seasonal Vegetable	Seasonal Vegetable	Seasonal Vegetable	Seasonal Vegetable	Seasonal Vegetable
Desserts	Secret Brownie	Raspberry Ripple Ice Cream	Shortbread Biscuit with Fruit Slices *	Summer Berry & Peach Oaty Crumble* with Custard	Apricot & Carrot Slice

Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily

*Fruit Based **Wholegrain ***Oily Fish (V) Vegetarian



Primary Autumn Winter 2020 Menu Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	Cheese and Tomato Pizza ** with Dough Balls (V) Cheesy Tomato Topped Pizza Slice	Chicken Tikka Masala with Rice ** Succulent chicken in a mild curry sauce	Roast Turkey with Roast Potatoes and Gravy Crispy roast Turkey with fluffy roasties and tasty gravy	Lasagne with a Garlic & Herb Bread Wedge ** A classic Italian layered pasta dish with beef mince	Golden Fish Fingers and Chips Crispy Fish Fingers and scrummy chips
Alternative Dish	Veggie Sausage and Mash with Gravy (V) Fluffy mash with veggie sausages and rich gravy	Baked Macaroni (V) Traditional Mac N Cheese, delicious macaroni in a creamy cheese sauce	Quorn Roast with Roast Potatoes and Gravy Quorn Roast with fluffy roasties and tasty gravy	Vege Balls In Tomato Sauce with Pasta ** Vege Balls in a tomato sauce with pasta	Soft Taco and Chips (V) A soft taco shell filled with a yummy veggie tomato chilli
Packed Lunch	Ham or Cheese Sandwich with Veg Sticks And Fresh Fruit or Dessert of the Day				
Jacket Potato	Jacket Potato With A Choice Of Fillings Cheese, Baked Beans or even both				
Pasta	Tomato Pasta ** (V) A delicious fresh, homemade tomato sauce with penne pasta				
Vegetables	Seasonal Vegetable	Seasonal Vegetable	Seasonal Vegetable	Seasonal Vegetable	Seasonal Vegetable
Desserts	Creamy Peach Rice Pudding	Apple & Carrot Yoghurt Muffin *	Strawberry Ice Cream	Chocolate Cake	Oatie Biscuit with Fruit Slices *

Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily

*Fruit Based **Wholegrain ***Oily Fish (V) Vegetarian



Primary Autumn Winter 2020 Menu

Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	Cheese and Tomato Pizza ** with Dough Balls (V) Cheesy Tomato Topped Pizza Slice	Sausage and Mash with Gravy Traditional Pork Sausage and Mash with rich Gravy Halal option available	Roast Turkey with Roast Potatoes and Gravy Moist roast turkey with fluffy roasties and tasty gravy	Pasta Bolognese ** A classic Italian beef Bolognese in a yummy tomato and beef sauce	Golden Fish Fingers and Chips Crispy Fish Fingers and scrummy chips
Alternative Dish	Chinese Veggie Noodles (V) Fragrant egg noodles with stir fried vegetables	Quorn Bolognese **(V) Penne pasta in a yummy tomato and Quorn sauce	Country Vegetable Pie (V) Creamy vegetable pie with a shortcrust topper	Mild Chickpea & Potato Curry with a Rice side **(V) A tasty chick pea and potato masala	Beany Burger with Chips (V) A delicious homemade beany burger
Packed Lunch	Ham or Cheese Sandwich served with Veg Sticks With Fresh Fruit Salad or Dessert of the Day				
Jacket Potato	Jacket Potato With A Choice Of Fillings Cheese, Baked Beans or even both				
Pasta	Tomato Pasta ** (V) A delicious fresh, homemade tomato sauce with penne pasta				
Vegetables	Seasonal Vegetable	Seasonal Vegetable	Seasonal Vegetable	Seasonal Vegetable	Seasonal Vegetable
Desserts	Raspberry Yoghurt Cake	Peach Shortbread Pudding * with Custard	Flapjack with Fruit Slices *	Vanilla Ice Cream	Chocolate Apricot Brownie

Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily

*Fruit Based **Wholegrain ***Oily Fish (V) Vegetarian

